



# Jeremy Proemsey

REFUGE COMMUNITY CHURCH

## About the Family

Sarah and I have been married since 2005. We have three children. Daughters Isabella and Sophia are identical twins born January 20, 2011. Our son, Jace, was born February 26, 2014.

Sarah and I were born and raised in St. Louis, Mo., where I served as a pastor for eight years and Sarah began her career as a licensed professional clinical counselor (LPCC).

In May 2015, we packed up and moved to the Bay Area, following the Lord's calling to be part of reaching what is arguably the most spiritually impoverished region of our nation with the gospel of Jesus Christ. We have hearts to see people come alive in the freedom and victory found only in Jesus and to experience community transformation as a result.

## About My Church Plant

Refuge Community Church launched September 15, 2019, in San Mateo, Calif., and experienced more than 30 people come to faith in Jesus in its first few months. San Mateo is a beautifully diverse city located 25 miles south of San Francisco and in the heart of what Barna Research Group has determined to be the most un-churched and de-churched region in the United States.

God has blessed Refuge with an amazingly talented and faithful leadership team that is as diverse as the city in which they serve.

Find out how you can  
**Pray.**  
**Participate.**  
**Provide.**

### PRAY.

Pray those who have already received Jesus since our September launch will take the next steps (baptism, serving, joining a Refuge Group, giving financially, etc.) of their faith journeys and stretch their faith in God as a result.

Pray for the financial provision necessary to effectively plant this church in a place with one of the nation's highest costs of living. We are currently \$3,000/month shy of our budget goals.

Pray that God would open a door for us to acquire a permanent facility for our church.

### PARTICIPATE

**GIVE:** Join our support team and play a role in reaching the Bay Area with the gospel. Contact us to become a long-term partner.

**PRAY:** Commit to praying for our leaders, mission and our city.

**GO:** Consider coming to San Mateo for a short-term missions trip or joining our team for the long haul. If you're interested, just shoot us an email at [hello@refugesm.com](mailto:hello@refugesm.com).

### PROVIDE

Many missionaries build a team to join their ministry in prayer, participation, and provision. These friends, family and churches support missionaries beyond the tithes and offerings given within the church plant. Visit [sendnetwork.com/PlanterFunding](http://sendnetwork.com/PlanterFunding) for NAMB's policy on providing for church plants.